



The Art of Smart Football

Chris B. Brown

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Masterfully blending thought provoking analysis with engrossing storytelling, *The Art of Smart Football* examines football's most innovative and enduring strategies and ideas, through the lens of the sport's best coaches and players. *The Art of Smart Football* is an eye-opening, fascinating and accessible contribution to our understanding of America's favorite sport.

The Art of Smart Football features analysis of football's top strategists and schemes, including:

Nick Saban's defensive evolution The book also includes explorations of the newest trends in football, including "packaged plays" that combine runs and passes into one play, "pattern match" defenses that blend man-to-man and zone pass coverages, how defenses are responding to the spread offense, and much more.

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