



**Clinical Handbook of Psychological Disorders,
Fourth Edition: A Step-by-Step Treatment Manual
(Barlow: Clinical Handbook of Psychological
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With over 75,000 copies sold, this clinical guide and widely adopted text presents authoritative guidelines for treating frequently encountered adult disorders. The *Handbook* is unique in its focus on evidence-based practice and its attention to the most pressing question asked by students and practitioners—“How do I do it?” Leading clinical researchers provide essential background knowledge on each problem, describe the conceptual and empirical bases of their respective approaches, and illustrate the nuts and bolts of evidence-based assessment and intervention.

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