



Positive Psychology and Appreciative Inquiry in Higher Education: New Directions for Student Services, Number 143

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Given the shared interest between higher education and positive psychology in developing healthy and productive human beings, this issue explores how this new subdiscipline of psychology can contribute to the mission of higher education. It presents a variety of strategies for bolstering student learning and development.

The authors also draw from appreciative inquiry, which, like positive psychology, is based on studying strengths, but focuses on organizational rather than individual performance. During a time of daunting challenges, positive psychology and appreciative inquiry can help to leverage higher education's many assets to optimize the potential of students, faculty, and staff.

This is the 143rd volume of this Jossey-Bass higher education quarterly series. An indispensable resource for vice presidents of student affairs, deans of students, student counselors, and other student services professionals, *New Directions for Student Services* offers guidelines and programs for aiding students in their total development: emotional, social, physical, and intellectual.

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