



No Fear Retirement: How To Enjoy A Fun-Filled and Fulfilling Life When You Retire

Pamela Houghton

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Take The Fear Out of Retirement and Start Looking Forward To It.

Retirement provides you with a final opportunity to re-ignite old passions, explore new horizons, meet different challenges and discover who you really are. If you are to make the most of this new phase of your life you will need to face your fears, embrace new opportunities and plan for success.

Written by a professional Retirement Coach, this book will give you everything you need to:

- Create your personal retirement success plan
- Understand and overcome your retirement fears
- Manage the expectations of your family and friends
- Learn from those who have successfully retired before you
- Revive and revisit your personal passions and dreams
- Live a life full of meaning and purpose beyond work
- Make your 'work free' years your best years yet

No Fear Retirement has been written for you if you are considering the option of retirement, approaching retirement with trepidation, already retired but disappointed with how it's going, or eagerly looking forward to your retirement and want to make the most of it.

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