



# **Hannah Keeley's Total Mom Makeover: The Six-Week Plan to Completely Transform Your Home, Health, Family, and Life**

*Hannah Keeley*

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With all of the demands made on moms these days, it's no wonder they can end up overwhelmed, disorganized, unhealthy, and empty. Enter Hannah Keeley to the rescue!

Keeley--founder of TotalMom.com, author, speaker, television personality, life coach, and full-time homeschooling mother of seven--knows of what she speaks. By following her simple and inspiring program, Keeley promises in just six weeks mothers everywhere can:

- look better and sexier than ever
- create beautiful, clean, clutter-free homes
- build great relationships with their husbands and kids
- cook healthy meals for their families
- control chaos, fear, and worry in their lives
- and much more

With advice and tips on everything from housecleaning to personal growth, HANNAH KEELEY'S TOTAL MOM MAKEOVER is a must-have for any mother ready to reinvent herself and her family and to live life to the fullest.

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#### **James Esparza:**

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