



High Heels and Bound Feet: And Other Essays on Everyday Anthropology

Roberta Edwards Lenkeit

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According to the author, seeing life through the multifaceted lens of anthropology makes living more rewarding and adds meaning to how we see and experience our world. A committed educator and seasoned author, Lenkeit serves up 22 concise, attention-grabbing essays to demonstrate how core anthropological concepts can be easily applied to everyday life in this highly original, single-authored collection.

While the essays focus on cultural anthropology, the inclusion of topics on linguistics, biological anthropology, and archaeology brings attention to the holistic nature of the discipline and contributes to the book's course versatility. All essays conclude with material useful for assimilating content: "Thinking It Through," "Anthropological Terms," and "Thinking Practically."

Lenkeit channels Margaret Mead, a major force in popularizing the field and its everyday potential. The lucid, engaging essays in *High Heels and Bound Feet* will pique readers' interest as they discover how anthropology informs, energizes, and infuses their lives every day.

Titles of related interest also from Waveland Press: Anderson, *Around the World in 30 Years: Life as a Cultural Anthropologist* (ISBN 9781577660576); DeVita, *Stumbling toward Truth: Anthropologists at Work* (ISBN 9781577661252); and Gardner-Hoffman, *Dispatches from the Field: Neophyte Ethnographers in a Changing World* (ISBN 9781577664512).

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