



You Can Cope With Peripheral Neuropathy: 365 Tips for Living a Full Life

Mims Cushing, Norman Latov

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"Peripheral neuropathy is one of the most common diseases most people never heard of and yet, upwards of 20 million Americans have it! It is estimated that 60 to 70 percent of people with diabetes have mild to severe neuropathy. That fact alone is staggering. Other causes include vitamin deficiencies, autoimmune diseases, kidney, liver or thyroid disorders, cancer and a variety of other medical conditions.

According to the Neuropathy Association the extent and importance of peripheral neuropathy has not yet been adequately recognized. The disease is apt to be misdiagnosed, or thought to be merely a side effect of another disease. However, people from all walks of life live with this neurological illness that has been described by those who have it as a tingling or burning sensation in their limbs, pins and needles and numbness.

You Can Cope with Peripheral Neuropathy: 365 Tips for Living a Full Life was written by both a patient-expert and doctor and is a welcome addition to the information on this subject. It covers such diverse topics as:

- What to ask at doctor appointments
- Making the house easier to navigate with neuropathy
- Where to find a support group
- Using vitamins and herbs for treatment
- Tips for traveling
- And much, much more!

You Can Cope With Peripheral Neuropathy is a compendium of tips, techniques, and life-task shortcuts that will help everyone who lives with this painful condition. It will also serve as a useful resource for their families, caregivers, and health care providers.

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Why? Because this You Can Cope With Peripheral Neuropathy: 365 Tips for Living a Full Life is an unordinary book that the inside of the publication waiting for you to snap the idea but latter it will jolt you with the secret the idea inside. Reading this book close to it was fantastic author who also write the book in such remarkable way makes the content inside easier to understand, entertaining method but still convey the meaning fully. So , it is good for you for not hesitating having this anymore or you going to regret it. This excellent book will give you a lot of advantages than the other book include such as help improving your ability and your critical thinking technique. So , still want to delay having that book? If I were being you I will go to the publication store hurriedly.

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