



# Hedgewitch Book of Days: Spells, Rituals, and Recipes for the Magical Year

*Mandy Mitchell*

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## **Recipes, Spells, and Wisdom from the Hedgerow**

Once upon a time the witch held a place of esteem in the village; her knowledge of local plants and wayside herbs were used to heal; her wisdom and empathy made her the village matchmaker and marriage counselor; and her ability to commune with nature and animals gave her a place of revelry and wisdom. She was the Hedgewitch.

Aimed at the busy witch, who is both breadmaker and breadwinner, this book revives the spirit of the Hedgewitch and teaches you how to make every day one full of wisdom, healing, and magic. For the practicing or would-be witch whose life is more jeans, chaos, and the never-ending question of what's for dinner than it is black robes, cauldrons, and incantations, Mandy Mitchell has a recipe for you!

*"I want to demonstrate how daily chores can become magical rituals with the potential to enrich and transform your life--everything from the way we form relationships with our families and friends to cooking, cleaning, and healing." --from the introduction*

Journey through the wheel of the year with one eye on the kettle and the other on the magical!

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