



# Edible Cities: Urban Permaculture for Gardens, Balconies, Rooftops, and Beyond

*Judith Anger, Dr. Immo Fiebrig, Martin Schnyder*

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Want to grow food but have nothing larger than a balcony, windowsill, or a piece of wall? No problem! This is a gardening book with a difference. It will help you to grow your own fruit, vegetables, herbs, and even mushrooms in small spaces in the most ecological way possible. *Edible Cities* shows you why the urban landscape can be a great place for permaculture. Discover inside:

- Principles of permaculture
- Worldwide examples of urban gardening projects
- Ideas for flats and balconies
- Green roofs
- Vertical gardening and urban beekeeping
- Guerrilla gardening and successful community projects
- Illustrated practical techniques with clear instructions
- Preface and contributions by Sepp Holzer
- Urban case studies from cities all over the world.

Packed with inspiration and practical, fully illustrated ideas, discover how people around the world are inventing new growing opportunities and making them a reality with few resources and a lot of creativity. Find out how you, too, can plan and create your own urban growing paradise.

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