



The Freedom to Be The Angry Black Woman

Lisa Fritsch

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The Angry Black Woman is not angry. She's passionate because there's a lot at stake. She's strong because the road hasn't been easy. She's intense because there's a lot more to be done.

Adapted from a riveting TEDx talk, this message lays out why and how black women must be liberated from the stigma of 'The Angry Black Woman' label if they are to be empowered to rise up and step into the fullness of their humanity. This book will forever change minds about the meaning and history behind his label and set a new tone for the message that matters most in the plight and contributions of black women in this world.

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