



ADULT CHILDREN OF ALCOHOLICS/DYSFUNCTIONAL FAMILIES

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The ACA Fellowship Text (commonly referred to as the Big Red Book or BRB) is a meeting book, Steps book, Traditions book, workbook, and group guide.

The ACA Fellowship Text was anonymously written by ACA members and provides guidance on working the 12 Step ACA program leading to recovery from the effects of growing up in an alcoholic or otherwise dysfunctional family.

ACA WSO has adapted AA's Steps (with permission from AA) to address the effects of childhood trauma and neglect, and offer hope to ACAs worldwide.

This electronic version of the BRB (e-BRB) marks an important milestone in our fellowship's continuing growth. The e-BRB is being offered to our fellowship in response to a growing number of requests for the BRB in an e-book, large type and audio book formats.

While we are developing an audio book and considering the feasibility of large print books, we trust that the fellowship will be able to utilize e-readers to access the ACA Fellowship Text on e-readers that enlarge the print size and or read the book. For more information, please visit www.adultchildren.org.

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