



Eat Like a Man: The Only Cookbook a Man Will Ever Need

Ryan D'Agostino

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So long, dude food. Most men who love food have a roasting pan and a decent spice rack, but they're still looking for that one book that has all the real food they love to eat and wish they could cook. *Esquire* food editor Ryan D'Agostino is here to change that with his unapologetically male-centric *Eat Like a Man* choice collection of 75 recipes and food writing for men who like to eat, cook, and read about great food. It's the *Esquire* man's repertoire of perfect recipes, essays on how food figures into the moments that define a man's life, and all the useful kitchen points every man needs to know. Satisfying, sexy, definitive, and doable, these are recipes for slow Sunday mornings with family, end-of-the-week wind-down dinners with a lady, Saturday night show-off entertaining, poker night feeds, and game-day couch camping. Or, for when a man is just hungry.

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