



# **Understanding Gender Dysphoria: Navigating Transgender Issues in a Changing Culture (Christian Association for Psychological Studies Books)**

*Mark A. Yarhouse*

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Few topics are more contested today than gender identity. In the fog of the culture war, complex issues like gender dysphoria are reduced to slogans and sound bites. And while the war rages over language, institutions and political allegiances, transgender individuals are the ones who end up being the casualties. Mark Yarhouse, an expert in sexual identity and therapy, challenges the church to rise above the political hostilities and listen to people's stories. In *Understanding Gender Dysphoria*, Yarhouse offers a Christian perspective on transgender issues that eschews simplistic answers and appreciates the psychological and theological complexity. The result is a book that engages the latest research while remaining pastorally sensitive to the experiences of each person. In the midst of a tense political climate, Yarhouse calls Christians to come alongside those on the margins and stand with them as they resolve their questions and concerns about gender identity. *Understanding Gender Dysphoria* is the book we need to navigate these stormy cultural waters.

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