



# Massage Therapy: Principles and Practice, 5e

*M.Ed. LMT NTS CI NCTMB, Susan G. Salvo*

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Covering massage fundamentals, techniques, *and* anatomy and physiology, Susan Salvo's **Massage Therapy: Principles and Practice, 5th Edition** brings a whole new meaning to the word 'comprehensive.' This student-friendly text boasts more than 700 illustrations and expanded sections on neuroscience, research, and special populations, plus new line drawings in the kinesiology chapter of origins and insertions that match the painted skeletons found in most classrooms. It makes the essential principles of massage therapy more approachable and prepares you for success in class, on licensing and board certification exams, and in a wide range of therapeutic practice settings.

- **Clear, straightforward approach** simplifies complex content for easier understanding.
- **Complete anatomy and physiology section**, in addition to material on techniques and foundations, gives you all the information you need in just one book.
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- **EXPANDED! More content on pain theories, the neuromatrix model, and pain management**, plus

updated guidelines for massage after surgery and injury, equips you with essential information when working in rehab.

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