



Cognitive Behavior Therapy in Clinical Social Work Practice, Second Edition

Arthur Freeman EdD ABPP

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The only comprehensive volume on cognitive behavior therapy written by social workers for social workers has now been completely revised and updated, with new chapters on the treatment of specific populations (such as LGBTQ individuals and the chronically mentally ill) and specific disorders (including PTSD, personality disorders, and self-injurious behavior).

Edited by a leading social work authority and a master CBT clinician, this new and expanded Edition of the Cognitive Behavior Therapy in Clinical Social Work Practice, provides the foundations and training that social workers need to master cognitive behavior therapy. The contributors ensure a thorough and up-to-date presentation of CBT techniques, covering the most common problems encountered when working with adults, children, families, and couples. This book is the only comprehensive volume on CBT written by social workers for social workers, and has been completely revised and updated to include all-new chapters on:

- Positive psychology
- Compassion fatigue
- PTSD
- Treating LGBTQ individuals
- Treating the chronically mentally ill
- Treating students in a college counseling center

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