



You're Doing It Wrong!: How to Improve Your Life by Fixing Everyday Tasks You (and Everyone Else) Are Totally Screwing Up

Lee Thornton

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Not Getting the Results You Want? Probably Because *You're Doing It Wrong!*

You brush your teeth twice a day. You serve red wine at room temperature. You treat stains on whites with bleach. You're doing everything by the book, so it must be fine, right? Wrong!

From drinking coffee and tipping at restaurants to riding your bike and treating your hangovers, years of bad advice and common misconceptions have led to a lifetime of erroneous doings. Even the simplest, most common tasks are done incorrectly every day by almost everyone, and chances are - whatever you're doing - you're doing it wrong too.

But it's okay. *You're Doing It Wrong!* will teach you how to do it all right.

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